



Academic Resources

Setting Term Goals

Use this worksheet to formulate short-term goals for each term. Be specific about what you want to achieve and when. Remember to choose goals that are realistic and important to your success during the term. Think about what obstacles could get in the way of achieving your goals as you make your plan.

Set a Date. Put the date for achieving the goals in your planner and make sure you add a reminder that will help keep you on track.

Reassess. After your deadline passes, ask yourself: Did I meet this goal on time? If you did not meet it, why not, and what are you planning to do about it?

| | Goal 1 | Goal 2 | Goal 3 |
|--|--------|--------|--------|
| My short term goal is..... | | | |
| I want to achieve this goal by | | | |
| This goal matters because..... | | | |
| I may encounter the following obstacles.... | | | |
| My method for accomplishing this goal will be to | | | |