

Career Plan for Juniors

- ◆ Create or update your **Job Finder** profile to search and apply to summer internships.
- ◆ Meet with a Career Counselor to discuss your career interests, options, and how to research potential careers, companies, industries, and graduate schools.
- ◆ Consider pursuing a co-op where you work for 6-8 months to gain in-depth, hands on, and related experience. You do not take classes during this time period, nor pay tuition. Co-ops are paid employment opportunities that enhance your experience and resume.
- ◆ Research specific careers, industries, companies. Clarify short term and long term goals.
- ◆ Identify at least 5 position titles that interest you and research 7-10 employers that offer those positions.
- ◆ Consider courses outside your major that will make you more marketable.
- ◆ Add new skills and experiences to your resume (projects, internships, work experience). Have your resume critiqued.
- ◆ Find a summer internship to gain applicable skills and experiences in your major.
- ◆ Attend career fairs in both fall and spring. The Biotechnology and Biomedical Career Fair takes place in March. The Colleges of Worcester Consortium hosts a career fair in March open to all majors.
- ◆ Participate in a mock interview to strengthen your interview skills.
- ◆ Attend Career Development Center workshops and presentations to learn more about interviewing skills, cover letter writing, job search strategies, graduate school, and more!
- ◆ Attend Corporate Days in the fall and spring; employers focus on resume critiques and provide workshops.
- ◆ Attend information sessions hosted by companies that you are interested in for summer internships or potential full time opportunities. Introduce yourself to the representatives and keep in touch.
- ◆ Pursue leadership positions in your clubs and organizations. Build your teamwork and management skills through extracurricular activities and professional societies.
- ◆ Join professional associations and read related information.
- ◆ Begin developing your network (informational interviews). Draw out your network web and connect regarding career and industry information. Shadow alumni.
- ◆ Think about graduate school. Request information and application materials. Meet with advisor on campus to gain additional information. Begin preparing for, and taking, graduate school tests.
- ◆ Find three professors, advisors, supervisors to serve as references if needed upon interviewing for positions or graduate school.