Dear Undergraduate Student, Welcome to

WPI!

All in-person, full-time undergraduate students must complete the following health requirements and upload all forms to the WPI Student Health Portal by **JULY 1, 2025**.

Detailed information about each form can be found below or on the WPI Student Health Services (SHS) Website.

The WPI Student Health Portal can be accessed by scanning the QR code to the right or by clicking the link below:

https://wpi.medicatconnect.com/default.aspx

- Immunization Record This form should be completed and signed by your medical provider, or you can submit a printed copy from your provider's office. Individual immunization dates must be entered by all students for review by WPI SHS staff. Students under 30 years of age must comply with Massachusetts School Immunization Requirements (detailed in this packet).
- Tuberculosis (TB) Screening Questionnaire Complete the "New Student TB Risk Assessment 2025" under the forms section of the WPI Student Health Portal. If you answer "yes" to any of the questions, you will be directed to complete the TB Medical Provider Form in this packet.
- **Meningitis Vaccine Waiver** Required only for students aged 21 and younger who decline the meningitis vaccine. If you have received the vaccine, this form is not needed.
- **Student Vaccine Exemption Form** Required only if you have medical or religious exemptions for any required vaccines. Please provide supporting documentation as instructed on the form.
- Consent Form If the student will be under 18 years old by the time they move into their dorm, please make sure a parent or guardian has completed and signed the WPI Student Health Services Authorization to Treat a Minor Form section of the form.
- **Physical Exam** While not required, WPI SHS strongly recommends all incoming students submit a physical examination report from their current healthcare provider to ensure appropriate care during your time at WPI.

If required health forms and immunization information are not completed and submitted within 30 days of starting classes, a "hold" will be placed on your academic record, preventing future class registration.

Please consider completing the text messaging opt-in/opt-out form in the forms section of your WPI Student Health Portal. While not required, enrolling allows you to receive helpful appointment reminders and important updates from WPI SHS.

We look forward to meeting you! -WPI SHS Team



Massachusetts School Immunization Requirements 2025–2026§

Requirements apply to all students, including individuals from other countries attending or visiting classes or educational programs as part of an academic visitation or exchange program. Requirements apply to all students in every grade, even if they are over 18 years of age. Doses that satisfy ACIP recommendations <u>as adopted by the CDC on October 24, 2024</u> also satisfy school requirements.

College (Postsecondary Institutions) ***

Requirements apply to all full-time undergraduate and graduate students under 30 years of age and all full- and part-time health science students. Meningococcal requirements apply to the group specified in the table below.

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Tdap	1 dose; and history of a DTaP primary series or age-appropriate catch-up vaccination; Tdap given at ≥7 years may be counted, but a dose at age 11-12 is recommended if Tdap was given earlier as part of a catch-up schedule; Td or Tdap should be given if it has been ≥10 years since Tdap
Hepatitis B	3 doses; laboratory evidence of immunity acceptable; 2 doses of Heplisav-B given on or after 18 years of age are acceptable
MMR	2 doses; first dose must be given on or after the 1 st birthday, and second dose must be given ≥28 days after first dose; laboratory evidence of immunity acceptable; birth in the U.S. before 1957 acceptable only for non-health science students
Varicella	2 doses; first dose must be given on or after the 1 st birthday and second dose must be given ≥28 days after the first dose; a reliable history of chickenpox* or laboratory evidence of immunity acceptable; birth in the U.S. before 1980 acceptable only for non-health science students
Meningococcal	1 dose; 1 dose MenACWY (formerly MCV4) required for all full-time students 21 years of age or younger; the dose of MenACWY vaccine must have been received on or after the student's 16 th birthday; doses received at younger ages do not count towards this requirement. Meningococcal conjugate vaccine, MenACWY (MCV4) and MenABCWY, fulfill this requirement; monovalent meningococcal B (MenB) vaccine is not required and does not meet this requirement. Students may decline MenACWY vaccine after they have read and signed the MDPH Meningococcal Information and Waiver Form provided by their institution

[§] Address questions about enforcement with your legal counsel. School requirements are enforced at the local level.

^{**} The immunization requirements apply to all students who attend any classes or activities on campus, even once. If all instruction and activities are remote and the student will never be on campus in person, the requirements would not apply. Should a student p hysically return to campus, they would need to comply with this requirement.

[†] Medical exemptions (statement from a physician stating that a vaccine is medically contraindicated for a student) must be renewed annually at the start of the school year, and religious exemptions (statement from a student or parent/guardian, if the student is <18 years of age, stating that a vaccine is against sincerely held religious beliefs), should be renewed annually at the start of the school year.

^{*} A reliable history of chickenpox includes a diagnosis of chickenpox or interpretation of parent/guardian description of chickenpox by a physician, nurse practitioner, physician assistant, or designee.

WPI Student Health Services (SHS) 100 Institute Road, Worcester, MA 01609 phone: 508-831-5520

WPI Student Immunization Record

health care provider address

phone: 508-831-5520 fax: 508-831-5953

A physician, physician assistant, registered nurse, or nurse practitioner who is not the student or a relative of the student must complete all questions in English and sign this page, or attach a signed copy of the student's immunization record. last name, first name lived name and pronouns date of birth (month/day/year) Massachusetts State Law, and WPI policy, require all students, regardless of age or gender, to submit documentation of immunity to certain infectious diseases. For these infectious diseases, dates of immunization or serologic proof of immunity are required: Serologic proof Required Immunization dates (month/day/year) If providing serologic proof of immunity, you must **attach** immunizations Doses must be at least 30 days apart. laboratory test results when submitting this form. Positive IgG Test results Date of test MMR vaccine Measles, mumps, (month/day/year) serologic test attached date of first dose date of second dose and rubella (combined MMR vaccine Measles vaccine Measles or separate measles. П date of first dose date of second dose mumps, and rubella vaccines) Mumps Mumps vaccine П 2 doses required; date of first dose date of second dose first dose must be after age 1. Rubella vaccine Rubella date of first dose date of second dose Hepatitis B **Hepatitis B** П 3 doses required surface antibody date of first dose date of third dose date of second dose History of disease: Varicella — 2 doses or Varicella П history of disease required date of first dose date of second dose **TDAP** If providing a signed waiver, Meningococcal (tetanus, diphtheria, include it when submitting date of immunization date of most recent dose (serogroups A, C, W, Y) and pertussis) this form (must be on or after student's 16th birthday) within the past 10 years Recommended immunizations: Immunization dates (month/day/year) Bexsero or Trumenba (Meningococcal serogroup B) (2-dose series) date of first dose date of second dose date of third dose (Trumenba only) Covid-19 date of most recent dose **Hepatitis A** (2-dose series) date of first dose date of second dose **HPV** (3-dose series) date of third dose date of first dose date of second dose Influenza (annual dose) date of most recent dose Certification by health care provider (required): signature of health care provider printed name date (month/day/year)

phone



WPI STUDENT HEALTH SERVICES AUTHORIZATION TO TREAT A MINOR

[Parent/Guardian should complete and sign this form for any child/dependent under 18, unless thechild/dependent: (i) is or has been married; (ii) is a parent; (iii) is in the armed forces; or (iv) lives independently and apart from his or her parent/guardian and manages his or her own finances.]

Massachusetts law generally requires a parent's or guardian's consent for medical treatment of a minor. If your child/dependent is a student, or attending a program, at Worcester Polytechnic Institute ("WPI"), the following form must be completed and returned prior to your child's/dependent's arrival on campus. ______, am the parent/guardian of (please print) , date of birth (please print) who is currently a minor (under the age of 18). I authorize the WPI Student Health Services (SHS) to provide routine medical and/or mental health care to my child/dependent, including but not limited to diagnostic examinations (including radiological and laboratory testing), medical treatment and mental health counseling. If an injury/illness is determined to be life-threatening, I authorize WPI SHS to make arrangements for my child/dependent to be taken to a hospital, and I understand that a health care provider will make efforts to notify me. I hereby consent to the sharing by WPI SHS of my health information with such hospital, emergency facility or other outside health care provider to support my continuity of care. I further understand that, once my child/dependent reaches the age of 18, my consent for treatment is no longer required. I understand that, under Massachusetts law, there are certain conditions, such as pregnancy/suspected pregnancy, exposure/suspected exposure to sexually transmitted diseases and drug/alcohol addiction, forwhich my minor child/dependent may consent to treatment for themselves and without my knowledge. I also understand that there may be other circumstances in which WPI SHS may determine, consistent with law, that my child/dependent may consent to treatment for themselves and without my knowledge. If at any time the parent/guardian has decided to revoke their consent for treatment of their child/dependent, we will require a written statement emailed to the WPI SHS at shs@wpi.edu. By my signature, I acknowledge that I have read and understand this authorization, and that any questions I have prior to signing can be answered by calling the WPI SHS at 508-831-5520 or emailing shs@wpi.edu. (Parent/Guardian signature) PARENT/GUARDIAN EMERGENCY CONTACTS: Name: Phone:

Phone:

Updated: 09/2024

WPI PHYSICAL EXAMINATION

Physical exam must have been completed within the past 2 years from the start of the academic year.

Students Legal Name:			Date of Birth:	Date of Exam:
Students Chosen Name:			Assigned Sex at B	Birth:
H	eight:	Weight:	Blood Pressure:	Heart Rate:
YSTEM NORMAL		ı	PLEASE DESCRIBE ANY ABNORMA	LITIES
Skin				
HEENT				
Lymph nodes				
Thyroid				
Respiratory				
Cardiovascular (murmur	5)			
Gastrointestinal				
Musculoskeletal				
Neurological				
Psychological				
	additio	ional clinical report	rovider for a chronic condition or serionts to assist us in providing continuity nedications, supplements, co	
	additio	ional clinical report	ts to assist us in providing continuity	of care. ontraceptives, inhalers, epi-pen, etc.)
CURRENT MEDICATION	addition	ional clinical report	rts to assist us in providing continuity	of care. ontraceptives, inhalers, epi-pen, etc.)
Allergies: Tuberculosis Risk (please cir	addition ONS (include vite) cle): Low Risk Cleared	tamins, OTC m or High Rish	rts to assist us in providing continuity nedications, supplements, co Type of Reaction:sk (complete the tuberculosis screening)	ontraceptives, inhalers, epi-pen, etc.) In grown for high risk patients)
Allergies: Tuberculosis Risk (please cir Physical Activity Clearance: Health Care Provider Signatu	addition ONS (include vite) cle): Low Risk Cleared	tamins, OTC m or High Rist	rts to assist us in providing continuity nedications, supplements, co Type of Reaction: sk (complete the tuberculosis screening Cleared with restrictions (please spe	ontraceptives, inhalers, epi-pen, etc.) In grown for high risk patients) Pecify): Date
Allergies: Tuberculosis Risk (please cir Physical Activity Clearance: Health Care Provider Signatu	cle): Low Risk Cleared	tamins, OTC m or High Risl	Type of Reaction: sk (complete the tuberculosis screenin	ontraceptives, inhalers, epi-pen, etc.) In grown for high risk patients) Pecify): Date

TB Medical Provider Form

Required for all students answering "yes" to the questions on the TB Risk Questionnaire found online on the WPI Student Health Portal

nt Name (print):		DOB		
December of the second of the		vanilacia Rial: Overstianovsiva, d		
of the following is required:	s" to any question on the online Tube	rculosis Risk Questionnaire, d	ocumentation of one	
1. PPD skin test dated wit	hin the past 2 years from the start of	courses at WPI		
2. Chest x-ray dated withi	n the past 2 years from the start of c	ourses at WPI		
3. IGRA (Quantiferon Gold	l) blood test within the past 5 years fr	om the start of course at WPI		
	A history of BCG vaccination does eve should be uploaded to the studen the bottom portion o	t health portal, or a healthcan of this form.		
PPD: Date Planted	Date Read (within 48-72 hours)	Result	mm of induration	
	If you have a positive tuberculin skin t a chest x-ray or IGRA (Quantiferon (• •		
Date of positive PPD	Date of X-Ray	Result: □ Normal □ Al	onormal (attach report)	
IGRA: Date	Results:			
INH prophylaxis	🗆 Initiated 🗆 Comple	ted (attach report)		
SIGNATURE OF HEALTHCAR	RE PROVIDER:			
Name (print):		Phone:		

Information about Meningococcal Disease, Meningococcal Vaccines, Vaccination Requirements, and the Waiver for Students at Colleges and Residential Schools



Colleges: Massachusetts requires all newly enrolled full-time students 21 years of age and under attending a postsecondary institution (e.g., college) to receive a dose of quadrivalent meningococcal conjugate vaccine on or after their 16th birthday to protect against serotypes A, C, W, and Y or fall within one of the exemptions in the law.

Residential Schools: Massachusetts requires all newly enrolled full-time students attending a secondary school who will be living in a dormitory or other congregate housing licensed or approved by the secondary school or institution (e.g., boarding school) to receive the quadrivalent meningococcal conjugate vaccine to protect against serotypes A, C, W, and Y or fall within one of the exemptions in the law.

The law provides an exemption for students signing a waiver that reviews the dangers of meningococcal disease and indicates that the vaccination has been declined. To qualify for this exemption, you are required to review the information below and sign the waiver at the end of this document. Please note that if a student is under 18 years of age, a parent or legal guardian must be given a copy of this document and must sign the waiver.

What is meningococcal disease?

Meningococcal disease is caused by infection with bacteria called *Neisseria meningitidis*. These bacteria can infect the tissue surrounding the brain and spinal cord called the "meninges" and cause meningitis or infect the blood or other body organs. Symptoms of meningococcal disease may appear suddenly. Fever, severe and constant headaches, stiff neck or neck pain, nausea and vomiting, sensitivity to light, and rash can all be signs of meningococcal disease. Changes in behavior, such as confusion, sleepiness, and trouble waking up, can also be important symptoms. Less common presentations include pneumonia and arthritis. In the US, about 350-550 people get meningococcal disease yearly, and 10-15% die despite receiving antibiotic treatment. Of those who live, another 10-20% lose their arms or legs, become hard of hearing or deaf, have problems with their nervous systems, including long-term neurologic problems, or suffer seizures or strokes.

How is meningococcal disease spread?

These bacteria are passed from person to person through saliva (spit). For the bacteria to spread, you must be in close contact with an infected person's saliva. Close contact includes activities such as kissing, sharing water bottles, sharing eating/drinking utensils, sharing cigarettes with someone infected, or being within 3-6 feet of someone infected and coughing or sneezing.

Who is at most risk for getting meningococcal disease?

High-risk groups include anyone with a damaged spleen or whose spleen has been removed, those with persistent complement component deficiency (an inherited immune disorder), HIV infection, those traveling to countries where meningococcal disease is very common, microbiologists who work with the organism, and people who may have been exposed to meningococcal disease during an outbreak. People who live in certain settings, such as first-year college students living on campus and military recruits, are also at greater risk of disease from some of the serogroups.

Which students are most at risk for meningococcal disease?

In the 1990s, college freshmen living in residence halls were identified as being at increased risk for meningococcal disease. Meningococcal disease and outbreaks in young adults were primarily due to serogroup C. However, following many years of routine vaccination of young people with quadrivalent meningococcal conjugate vaccine (for serogroups A, C, W, and Y), serogroup B is now the primary cause of meningococcal disease and outbreaks in young adults. Among the approximately 9 million students aged 18-21 years enrolled in college, an average of 20 cases and 0-4 outbreaks due to serogroup B are reported annually. Although the incidence of serogroup B meningococcal disease in college students is low, four-year college students are at increased risk compared to non-college students; risk is highest among first-year students living on campus. The close contact in college residence halls, combined with social mixing activities (such as going to bars, clubs, or parties, participating in Greek life, sharing food or beverages, and other activities involving the exchange of saliva), may put college students at increased risk.

Are there vaccines against meningococcal disease?

Yes, there are several different meningococcal vaccines. Quadrivalent meningococcal conjugate vaccine (Menveo and MenQuadfi) protects against 4 serotypes (A, C, W, and Y) of meningococcal disease. Quadrivalent meningococcal conjugate vaccine is routinely recommended at age 11-12 years, with a booster at age 16. Students receiving their first dose on or after their 16th birthday do not need a booster. The meningococcal serogroup B vaccines (Bexsero and Trumenba) protect against serogroup B meningococcal disease. Individuals in certain high-risk groups may need to receive 1 or more of these vaccines based on their doctor's recommendations. Adolescents and young adults (16-23 years of age) who are not in high-risk groups may be vaccinated with meningococcal B vaccine, preferably at 16-18 years of age, to provide short-term protection for most strains of serogroup B meningococcal disease. Pentavalent meningococcal vaccine protects against serogroups A, B, C, W, and Y. It may be administered to persons aged ≥10 years when both a quadrivalent meningococcal conjugate vaccine and meningococcal B vaccine are indicated at the same visit. Talk with your doctor about which vaccines you should receive.

Is the meningococcal vaccine safe?

Yes. Getting the meningococcal vaccine is much safer than getting the disease. Some people who get the meningococcal vaccine have mild side effects, such as redness or pain where the shot was given. These symptoms usually last for 1-2 days. A small percentage of people who receive the vaccine develop a fever. The vaccine can be given to pregnant women. A vaccine, like any medicine, is capable of causing serious problems, such as severe allergic reactions, but these are rare.

Is meningococcal vaccine mandatory for entry into secondary schools (that provide housing) and colleges?

Massachusetts law (MGL Ch. 76, s.15D) and regulations (105 CMR 220.000) require both newly enrolled full-time students attending a secondary school (with grades 9-12) who will be living in a dormitory or other congregate housing licensed or approved by the secondary school or institution and newly enrolled full-time students 21 years of age and younger attending a postsecondary institution (e.g., college) to receive a dose of quadrivalent meningococcal conjugate vaccine.

The requirements apply to all new full-time residential students at affected secondary schools, regardless of grade (including grades pre-K through 8) and year of study. Secondary school students must provide documentation of having received a dose of quadrivalent meningococcal conjugate vaccine at any time in the past unless they qualify for one of the exemptions allowed by the law. College students 21 years of age and younger must provide documentation of having received a dose of quadrivalent meningococcal conjugate vaccine on or after their 16th birthday, regardless of housing status, unless they qualify for one of the exemptions allowed by the law. Meningococcal B vaccines are not required and do not fulfill the requirement for meningococcal vaccine. Whenever possible, immunizations should be obtained before enrollment or registration. However, students may be enrolled or registered provided that the required immunizations are obtained within 30 days of registration.

<u>Exemptions</u>: Students may begin classes without a certificate of immunization against meningococcal disease if: 1) the student has a letter from a physician stating that there is a medical reason why they can't receive the vaccine; 2) the student (or the student's legal guardian, if the student is a minor) presents a statement in writing that such vaccination is against their sincere religious belief; or 3) the student (or the student's legal guardian, if the student is a minor) signs the waiver below stating that the student has received information about the dangers of meningococcal disease, reviewed the information provided and elected to decline the vaccine.

Shouldn't meningococcal B vaccine be required?

CDC's Advisory Committee on Immunization Practices has reviewed the available data regarding serogroup B meningococcal disease and the vaccines. At this time, there is no routine recommendation and no statewide requirement for meningococcal B vaccination before going to college (although some colleges may institute a requirement). Those aged 16-23 years may be vaccinated with a serogroup B meningococcal vaccine, preferably at 16-18 years of age, to provide short-term protection against most strains of serogroup B meningococcal disease. This is decided by the patient and healthcare provider. These policies may change as new information becomes available.

Where can a student get vaccinated?

Students and their legal guardians should contact their healthcare providers to make an appointment to discuss meningococcal disease, the benefits and risks of vaccination, and the availability of these vaccines. Schools and college health services are not required to provide this vaccine.

Where can I get more information?

Your healthcare provider; your local Board of Health (listed in the phone book under government); or the Massachusetts Department of Public Health Divisions of Epidemiology and Immunization at (617) 983-6800 or on the MDPH website at https://www.mass.gov/info-details/school-immunizations.

For additional information on *Invasive Meningococcal Disease* (*IMD*), please visit the CDC's website: Meningococcal Disease Surveillance and Trends | Meningococcal | CDC.

Waiver for Meningococcal Vaccination Requirement

I have received and reviewed the information provided on the risks of meningococcal disease and the risks and benefits of quadrivalent meningococcal conjugate vaccine. I understand that Massachusetts law requires newly enrolled full-time students at secondary schools who are living in a dormitory or congregate living arrangement licensed or approved by the secondary school and newly enrolled full-time students at colleges and universities who are 21 years of age or younger to receive meningococcal vaccinations unless the students provide a signed waiver of the vaccination or otherwise qualify for one of the exemptions specified in the law.

•	After reviewing the materials above on the dangers of	f meningococcal disease, I	choose to waive receipt of the meningococcal vaccine.
Student I	Name:	_ Date of Birth:	_Student ID:
Signature	e:	Date:	
	(Student or parent/legal guardian if the student is un	der 18 years of age)	



Student Vaccine Exemption

WPI Student Health Services 100 Institute Road Worcester, MA 01609 Questions? shs@wpi.edu or 508-831-5520

l,				am a student at	Worcester Po	lytechnic Institute and request that I b	e exempt
from the	requirement	to receive the follo	wing vaccina	itions (Massachi	isetts Departn	nent of Public Health, 105 CMR 220.60	0 -700):
[] All	[] MMR	[] Hepatitis B	[] Tdap	[] Varicella	[] Other:		
I reque	st that I be exe	empt from the requ	irement to re	ceive the above	vaccinations a	nd immunizations based on:	
☐ Med	lical grounds. I	Please explain:					
		•					
* All m	edical exempt	ions must be verif i	ed with a let	ter from the stu	ıdent's medica	al provider, in addition to completing t	 this form. I
must s	pecify which in	mmunization(s) car	not be given	and certify that	the provider h	nas personally examined the student a	
opinior	that the stuc	lent's health would	be endanger	red by the immu	nization.		
☐ Relig	gious grounds.	I certify that the re	ceipt of a vac	cine or immuniz	ation would co	onflict with or violate my sincere religio	us beliefs.
caı	mpus or receiv		for the comi	municable disea	se and will foll	lisease, I will (at my own expense) eith low WPI's policies and protocols as we able disease.	
• I fu	ırther underst	and and agree that	t when one o	r more cases of	a vaccine-prev	entable disease or any other commun	icable
wi	th the Massac		Diseases, Su			o testing, isolation, or quarantine in acquarantine Requirements (105 CMR 30	
Studen	t Name (pleas	e print)				Date of Birth (month/day/year)	
Studen	t Signature					Date (month/day/year)*	
Local/ (Campus Addre	SS				ID	
City, St	ate, Zip Code				_		

Note: The Massachusetts Department of Public Health requires this waiver to be renewed annually at the start of each academic year.

Upload completed Exemption Form and letter from your medical provider, if required, to the secure health portal.