

WPE 1699

ST IN HOLISTIC WELL-BEING: SOPHOMORE SUCCESS- NAVIGATING YOUR SECOND YEAR AT WPI

In this course, students will gain valuable insight into several facets of the WPI experience along with important skills to successfully navigate their second year at WPI. Topics include:

- Building habitual time management, organizational, and self-care skills
- Reviewing all Qualifying Projects at WPI, including IQP, MQP, and HUA Seminar/Practicum
- Tracking academic progress at WPI
- Reintroducing campus support resources
- Reviewing career preparation, post-graduate opportunities, and milestones for the remainder of the WPI experience

Please note that this course is only intended for current students who are of sophomore status during C-Term 2026

Offered: C-Term 2026

Time: T/F 10:00-10:50am

Location: Washburn 229

Available in Workday now for registration!

Please email instructor, Miriam Cohen (mcohen3@wpi.edu), if you have any questions about this course

