



## Farm-to-Workplace CSA — Fresh produce delivered to your office

Join your fellow employees and other health minded businesses in your area and EAT WELL this summer with Stillman's Farm-to-Workplace CSA.

Community supported agriculture (CSA) is a cooperative effort of food distribution, a way of linking small farmers with communities all over the country. Having been named Boston's Best CSA, Stillman's is proud to be providers of locally grown seasonal produce and CSA shares throughout Boston for over twenty years. We remain grateful to the many customers who have been members for years!

Four years ago, we created a Farm-to-Workplace CSA where we deliver fresh picked, hand packed bags of fruits and veggies to corporate offices.

Employees have loved the convenience of getting local grown produce at work, when so often their lives are too busy to get to the farmers' market. They can simply grab their bag at work, go directly home and make healthy meals!

### Stillman's Workplace Wellness CSA: Good for you, good for the land, good for all.

- CSA produce is fresh and local (all grown at our farm in Massachusetts)
- Weekly delivery of fresh picked, affordable produce right to your office
- A wide variety of locally grown fruits and vegetables
- Includes weekly newsletters with quick and delicious recipes and storage tips
- Supports local agriculture, land stewardship and responsible farming
- Members are invited to visit the farm. Pack a picnic, tour the farm, and show your family where their food is grown
- Assists us in our donation of excess produce to Massachusetts food pantries and shelters

Our Farm-to-Workplace CSA runs for 16 weeks from mid-June through mid-October and includes a wide variety of delicious and nutritious in-season fruits and veggies in weekly shares.

The price for our 2022 share is \$500 for 16 weeks of fresh produce. We offer discounts for early sign ups.

Conscientiously grown by our family for yours,

#### Stillman's Farm

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Questions: Email [nancy@stillmansfarm.com](mailto:nancy@stillmansfarm.com) or call 508-244-0514  
[stillmansfarm.com/product/workplace-wellness-corporate-csa/](http://stillmansfarm.com/product/workplace-wellness-corporate-csa/)



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