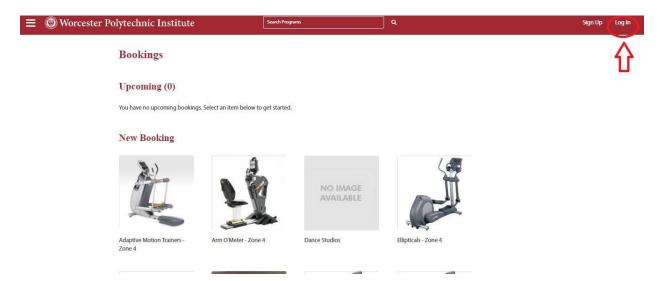
## How To Reserve a Workout

## To Reserve a Workout Zone

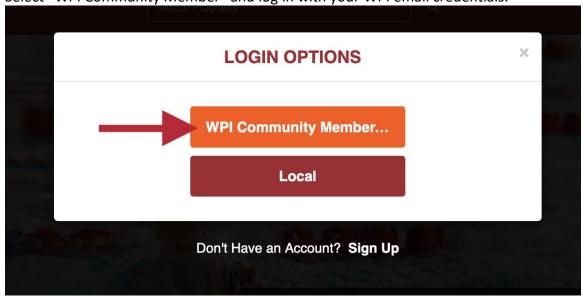
1) Visit <a href="https://reccenter.wpi.edu/booking">https://reccenter.wpi.edu/booking</a> on your preferred web browser.

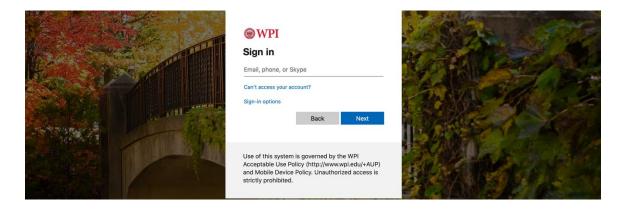


2) Click "Log In" in the upper right corner.

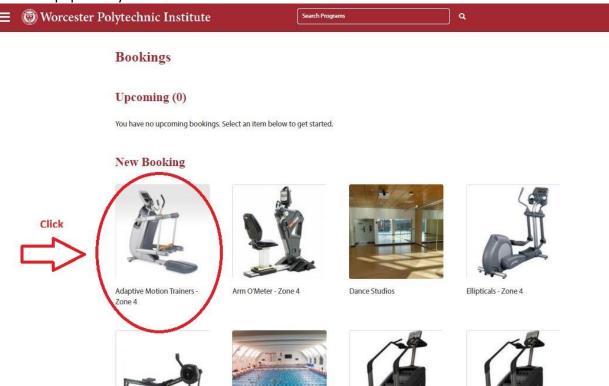


3) Select "WPI Community Member" and log in with your WPI email credentials.





4) Once you are logged in, on the home page scroll down and select the zone/piece of equipment you want to book.



5) Choose the piece of equipment you would like to book.



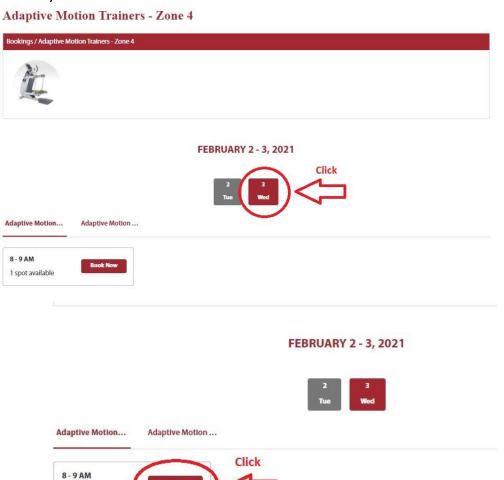
1 spot available 6) Choose a day and time slot available and select "Book Now".

Adaptive Motion ...

1 spot available

Adaptive Motion...

8-9 AM



7) You now have booked a reservation! Once you have booked a reservation, you will automatically get an email to your WPI email account stating you have scheduled a reservation.

