



1 in 5 adults in the U.S. experiences a mental health disorder in a given year.

When was the last time you had a check up?

Screening.MentalHealthScreening.org/WPI

Why take a screening?

Our **scientifically validated** mental health screenings **provide insight** into your mental health, are **completely anonymous**, and can **connect you with local resources**, should you want to seek out a professional for a formal evaluation.

An estimated 200 million workdays are lost each year due to depression-related issues, according to the CDC. Improving mental health in the workplace reduces absenteeism, boosts morale, increases productivity, lowers insurance costs, reduces industrial accidents and improves the quality of work.

Screening for Mental Health is a nonprofit organization that provides innovative mental health and substance use resources, linking those in need to quality treatment options. We are a pioneer in large-scale mental health screenings for the public and provide in-person educational and awareness programs to a variety of organizations.

We are proud to partner with WPI to provide mental health screenings to their employees, including:

- Depression
- Adolescent Depression
- Generalized Anxiety
- Eating Disorders
- Substance Use
- Alcohol Use Disorder
- Posttraumatic Stress Disorder
- Bipolar Disorder
- Psychosis

Screening for Mental Health

A SERVICE OF RIVERSIDE COMMUNITY CARE